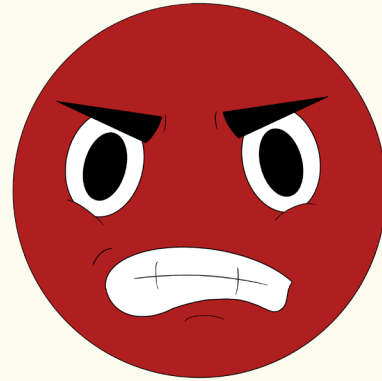




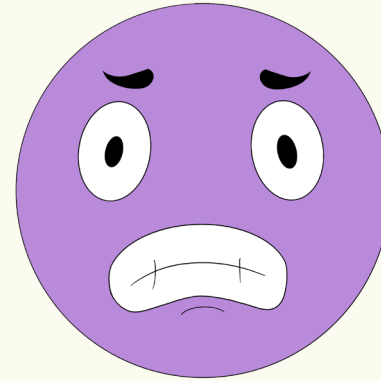
Happy



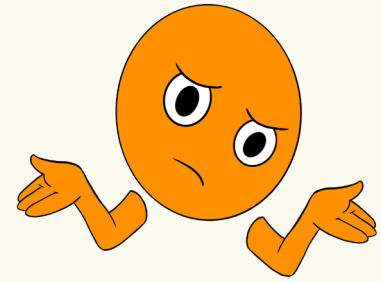
Sad



Angry



Afraid



I Don't Understand



Let's Pray



Let's Read



Let's Play



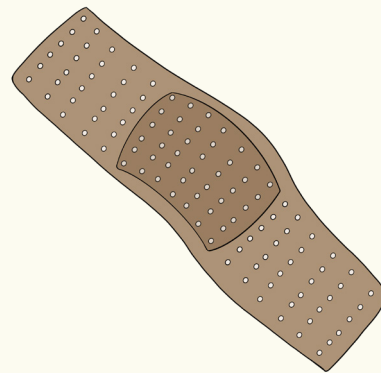
Let's Sing



Let's Hug



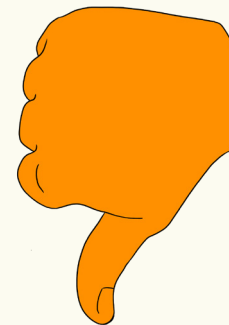
Bathroom



Ouch (something hurts)



Yes



No



Stop (or leave me alone)

Prayers for Children

Mealtime

Thank You for my life You gave.
Thank You for my food today.
Thank You for the love I feel.
Thank You, God, for every meal. Amen.

Sadness

I am sad and my heart hurts.
Help me when I feel my worst.
Let me see Your joy and love.
I am blessed by God above. Amen.

Illness or injury

Something hurts and I just cried.
Help me heal and be my Guide.
Let my hurt soon go away.
Help me smile some time today. Amen.

Bedtime

It's time for bed and I must pray.
Thank you, God, for this great day.
Help me sleep and get my rest.
Thank you, God, for I am blessed. Amen.

Blessing on Your Child

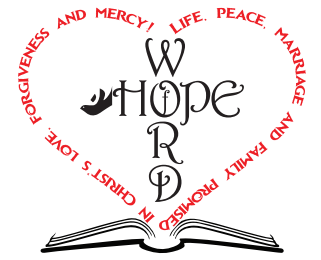
Bedtime can be made special for children when stories, recaps of the day, snuggles and prayers occur before turning out the lights. Consider ending your evening routine by blessing your child. You might do this by holding their hand or putting your hand on their head or shoulder.

May the Lord, who knew you before you were born, bless you.
May His light shine on you just as it did the day you came to earth.
May God love you, forgive you, and give you His grace.
May the Lord send you His peace and His strength for another day. Amen.

When children are very young, communication issues can be a source of confusion and frustration.

At **Lutherans For Life**, we desire to support families beyond the birth of a child.

This project provides simple stepping stones for communicating and praying with young children.



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