

God Chose YOU with Forgiveness

Doubting Salvation /Overwhelming Guilt after Abortion

Lead a Bible study on identity about who you are and whose you are in Christ.

Remind others of their value because of who they are, not what they do.

Invite your pastor to talk about the value of individual confession and absolution.

Talk with your pastor and encourage others to do the same when in doubt about salvation.

Attend church services regularly to hear the Word and receive the Sacrament to be strengthened in faith.

Design a memorial garden for abortion victims and begin planting this spring.

Create a support group for those mourning the loss of a sibling due to an abortion or those who have chosen an abortion.

"For by grace you have been saved through faith. And this is not your doing; it is the gift of God..."
Ephesians 2:8

Display information about the Word of Hope hotline as a resource for those struggling with overwhelming guilt related to an abortion decision.



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Prison

Study Bible stories that address prison and reflect on how God works in the lives of His people (e.g., Joseph, Samson, and Paul).

Encourage, uphold, and support the lives of families that have a member in prison.

"Do not remember against us our former iniquities; let your compassion come speedily to meet us, for we are brought very low."
Psalm 79:8

Hold a discussion about the gift of confession and forgiveness that comes from the reality of worldly consequences.

Pray for those in prison.

Bring in a guest speaker to speak about prison ministry.

Invite someone to speak about prison and how God worked in their life through that experience.

Welcome those who have been in prison back to church.

Pray for church members who are serving time in prison and uplift their family members.

Write letters of hope to those in prison.

Encourage your pastor to visit those in prison.

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Suicidal Thoughts & Behaviors

Hand out fact sheets on suicide awareness and recognizing important risk factors.

Display information with crisis hotlines and survivor of suicide support groups in public places.

"Behold, the eye of the LORD is on those who fear him, on those who hope in his steadfast love..."
Psalm 33:18

Plan an educational event during suicide awareness and mental health awareness month.

Go to the hospital with someone who is seeking help with suicidal thoughts.

Participate in a suicide awareness event like a walk.

Create a list of coping skills and activities you can do instead of engaging in suicidal behaviors.

Celebrate the life of someone who survived after engaging in suicidal behaviors.

Celebrate the hope and healing we have in Christ.

Bring in a speaker to speak on the warning signs of suicide and how to provide help to those contemplating it.

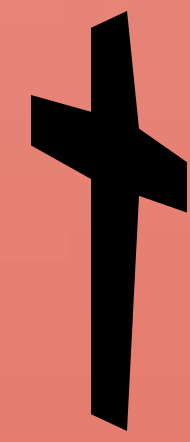
Instead of promising to keep a secret, strongly encourage someone to seek help if they tell you they are having thoughts about dying.

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Unforgiveness



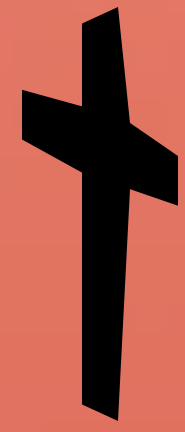
Read a book or listen to a podcast on Biblical forgiveness.



Initiate forgiveness for others who have offended you.



Pray for the ability to forgive others.



Lead a forgiveness event: Discuss the importance of forgiveness or have a washing of feet exercise.



"He is the propitiation for our sins, and not for ours but also for the sins of the whole world."
1 John 2:2



Celebrate renewed relationships by spending time together, giving gifts, or sending cards.



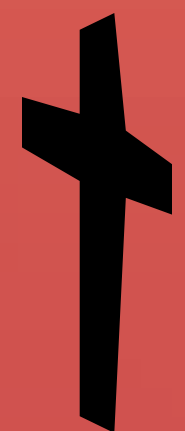
Study Bible stories that address forgiveness and reflect on how God works good in the lives of His people (e.g., Peter, Jonah, Jeremiah).



Remind people of Christ's forgiveness.



Pray for a person who has offended you or whom you are having trouble forgiving.



Lead a group activity: Write sin on a piece of paper and attach it to a cross.



Make a commitment to say "I forgive you" when someone says they are sorry.

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