

Blessed as a Gift

Creation and Identity

Celebrate baptismal birthdays.

Hold congregational celebrations of birthdays by month.

Mail or email a card to someone to remind him or her of his or her identity.

Affirm the identity of teens as they face cancel culture.

Celebrate differences God gives in gender, culture, and age.

Read stories about God's creation to young children.

Use a Lutherans for Life Bible study on identity.

Share life-affirming resources on the gifts of gender, cultural heritage, and age.

Place a prayer board in a residence hall, school, or church and encourage individuals to post prayers.

Create tie blankets with an identity theme at an intergenerational gathering.

Send an encouraging text to a friend or family member who is struggling and remind him or her of Christ's love.

Post identity-affirming Bible verses around your home, school, or church and on social media.

So God created man in his own image, in the image of God he created him; male and female he created them. -Genesis 1:27

Do not lie to one another, seeing that you have put off the old self with its practices and have put on the new self, which is being renewed in knowledge after the image of its creator. -Colossians 3:9-10



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Developmental and Intellectual Disabilities

Help teach life skills and independent living.

Volunteer to tutor those with disabilities.

Offer a period of respite for a caregiver.

Host a cookout to get to know a new church family.

Visit the homebound.

Mirror the ability to love without judgment.

Encourage adoption of children with disabilities.

Connect with AbleLight and invite them to speak.

Interview a family to find how a school or church could better meet the needs of someone with disabilities.

Provide transportation for those who can't drive.

Volunteer at camps or events designed for those with disabilities.

Rejoice in and recognize the gifts of those with disabilities.

Celebrate and support families who receive a fetal diagnosis of Down Syndrome.

Frequent establishments that provide jobs for those with disabilities.

Provide service and involvement opportunities for those with disabilities.

But now, O Lord, you are our Father; we are the clay, and you are our potter; we are all the work of your hand. -Isaiah 64:8

Who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself. -Philippians 3:21



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Surprise Pregnancy and the Unborn

Celebrate each developmental stage of pregnancy.

Support the vocation of mother and father.

Celebrate the month of a child's conception.

Provide meals and a gift to new mothers.

Offer help to a new mom. Ask how she's doing during and after pregnancy.

Educate others on adoption as an alternative to abortion.

Offer to clean, cook meals, or provide rest to a new mother.

Throw a baby shower for a planned or unplanned pregnancy.

Pray for pregnant mothers, their babies, and their families.

Throw a thank-you baby shower for a pregnancy care center client, thanking her for choosing life.

Advocate for paternity leave for both mothers and fathers.

Hold a fundraiser or a diaper drive for a pregnancy care center.

Give new mothers educational materials about her developing child.

Share fetal model sets with expecting mothers and fathers as well as children.

Track a baby's growth in a classroom when a sibling is going to be born.

Speak the truth that every life is valuable, no matter the situation in which it was conceived.

I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well. -Psalm 139:14

