

# Blessed in Longing Infertility

Validate longing and send messages or cards of encouragement.

Provide individual support for those suffering from infertility.

Share the Lutherans For Life resource "Prayers While I Wait."

Personally pray for infertile couples that they might conceive.

Invite a guest speaker to talk about infertility and barrenness.

Rejoice with those newly pregnant after struggling with infertility.

Include those who are barren in family activities or events with youth.

Include women without children in gift giving on Mother's Day.

Lead or encourage a group Bible study for those who are struggling with infertility.

Promote adoption and host fundraisers for those planning to adopt.

Use family inclusive language instead of singling out adopted children.

Encourage families without children to mentor youth, be active in VBS, or teach children's Sunday school.

"Sing, O barren one, who did not bear; break forth into singing and cry aloud, you who have not been in labor! For the children of the desolate one will be more than the children of her who is married," says the Lord. -Isaiah 54:1



# Blessed in Longing IVF and Surrogacy

Plant a fruit tree.

Encourage embryo adoption for those considering IVF.

Pray for families struggling with infertility. Pray for God to grant them a child.

Provide education on God-pleasing ways to address infertility.

Affirm and uphold the one-flesh union of husband and wife.

Celebrate those conceived in IVF and celebrate them as children of God.

Affirm forgiveness for those who have participated in IVF or surrogacy.

Explain the process of IVF using Y4Life infographics.

Encourage pastors to have a liturgical service to mourn children lost to IVF, miscarriage, and stillbirth.

Offer pastoral counseling for women suffering the effects of surrogacy.

Provide support and guidance for those struggling with the decision of IVF.

Provide an educational opportunity to college students and other young adults to learn about IVF before issues of fertility manifest themselves.

Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all the day long. -Psalm 25:5



# Blessed in Longing Miscarriage and Stillbirth

Host a Bible study on miscarriage and stillbirth.

Help raise funds for a funeral.

Create a memorial garden.

Provide funeral clothes for a baby.

Offer families Lutherans For Life resources like "Baby Shalom" or "Into His Loving Care."

Host a fundraiser for hospitals to expand or improve services offered to families experiencing a stillbirth or miscarriage.

Visit with a woman who has had a miscarriage or stillbirth; grieve alongside her and pray for her recovery.

Pray for families experiencing a miscarriage or a stillborn child, including on Mother's Day and Father's Day.

But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint. -Isaiah 40:31

