

Blessed with Healing

Responding to Abuse

Physical, mental, and emotional

Know information about emergency Child Protective Services/Adult Protective Services numbers to make a report if necessary.

Display information about abuse in bathrooms or on bulletin boards.

Build strong relationships with people and be willing to ask questions.

Volunteer to be trained as a court advocate for victims of abuse.

Donate or volunteer at a local domestic violence shelter.

Educate youth about abusive relationships and codependency.

Celebrate and support those who have left abusive relationships.

Educate and celebrate healthy relationships.

Hold a Bible study on relationships that model Christ's love.

Recognize signs of abuse and create handouts to inform others.

Pray for families and those newly dating, that they might grow in love and service toward each other.

Be persistent in maintaining friend relationships, even when couples distance themselves from others.

The Lord is near to the brokenhearted and saves the crushed in spirit. - Psalm 34:18



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Responding to Human Trafficking

Celebrate all who have escaped trafficking.

Make a dedicated effort to use language that expresses the value of all life.

Lead fundraising events to support human trafficking rescue organizations.

Pray for those involved in trafficking.

Provide education on other kinds of trafficking in addition to sex trafficking, such as being enslaved to work.

Invite those who have been trafficked or who work with a rescue organization to speak at your church.

Know which places teach life skills and connect them with people in need.

Create a flier or brochure to post in bathrooms to make readers aware of human trafficking and where to get help.

Befriend the marginalized to aid in reducing the risk of being a victim of human trafficking.

Volunteer with rescue organizations that address human trafficking, such as Wings of Refuge.

Educate youth, those who are alone, and those who are visiting our country about the signs of trafficking.

Encourage connections to pastoral counseling or diaconal care for those who have been rescued.

For "everyone who calls on the name of the Lord will be saved."
- Romans 10:13



Blessed with Healing Responding to Incest

Pray for children
and for their
healing.

Consider
participating in
childcare training.

Pray for those who
desire to harm
children.

Know how to
contact Child
Protective
Services.

Help those who
have been abused
to build healthy
relationships.

Teach children
who have been
abused what God
intends for
mothers and
fathers.

Notice signs of
possible sexual
abuse in children's
play and/or
behavior.

Provide an
educational
pamphlet on signs
of sexual abuse.

Reassure abused
children that
shame and guilt is
not theirs,
that Christ took it
from them on the
cross.

Provide pastoral
and spiritual
counseling for
those who have a
history of being
sexually abused.

Teach children
and reinforce
truths about safe
touch and God-
pleasing
interactions.

Volunteer to be a
safe place for
children to go
when temporarily
removed from
families.

Fear not, for I am with you; be not dismayed, for I am your God;
I will strengthen you, I will help you, I will uphold you with my
righteous right hand. - Isaiah 41:10



Blessed with Healing Responding to Rape

Volunteer to be a rape crisis advocate.

Host a self-defense class.

Be aware of triggers and allow time for healing.

Volunteer to accompany others to a gathering or a safe location.

Affirm and uphold the value of life for rape survivors and children who were conceived in rape.

Learn about the risks and resources available for men as potential victims of rape.

Promote and utilize the blue light system on college campuses.

Attend counseling sessions with rape victims for support.

Recognize the need for personal space and request permission before touching people.

Provide education for safety in social situations to make people aware of risks and signs of rape.

Post information about where to get help in bathrooms and on bulletin boards.

Have resources on your phone, such as emergency personnel, police, and security.

Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for you are my praise. - Jeremiah 17:14

