



Just as ... I AM

Christian Living and Serving Others

Hold an appreciation day celebration for those who serve.

Praise God for the gifts and vocations He has given you. Help others to see the vocations God has given them.

Rejoice in the opportunities God gives you daily to uphold life - cooking dinner, changing diapers, doing laundry, completing housework, cleaning, etc.

Share Life Week activity sheets with people at school and church.

Learn about vocation and the many opportunities that God has provided for you to serve and be served through the relationships He has provided.

Host a Bible study and discussion on vocation and the various ways that God works in and through people.

Recognize God working through other people to provide your daily bread.

Send thank you cards to life-affirming organizations for the opportunity to serve with them.

"As each has received a gift, use it to serve one another, as good stewards of God's varied grace." - 1 Peter 4:10



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Engaging the Elderly

Volunteer at a nursing home.

Create a pen-pal partnership with someone who is in a nursing home or who is homebound.

Create faith mentorships between elderly people and youth.

Invite guest speakers to discuss historical events and ask how their faith helped them get through difficult times.

Create a family tree with the help of your grandparents or great-grandparents.

Pray for those who are in nursing homes, assisted living facilities, and the homebound.

Send gifts on birthdays and special holidays and plan to meet up to celebrate new friendships with older people.

Hold a handyman workday.

"Gray hair is a crown of glory; it is gained in a righteous life." - Proverbs 16:31



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Goodness of My Body

Help young children/siblings learn how to care for their bodies.

Write thank you cards to those who help you care for your body like doctors, parents, nurses, mentors, and friends. Include life-affirming messages or Bible verses.

Host a Bible study on what it means to be fearfully and wonderfully made.

Read and review what the Small Catechism has to say about bodily gifts in the fourth petition of the Lord's Prayer and the first article of the Apostle's Creed.

Read and share John Kleinig's book *Wonderfully Made: A Protestant Theology of the Body*.

Study how the different members of the Trinity are at work in our bodies through creation, redemption, and sanctification.

Invite a speaker to speak on the gift of sex and sexuality.

Host a church Olympics where people can participate in different physical activities.

Offer to do yard or house work for people who are physically disabled.

"Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, you were bought with a price. So glorify God in your body." - 1 Corinthians 6:19-20



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Goodness of Relationships

Share an umbrella, hold a door, help someone clean up - find a way to show someone you care about him or her.

Create cards for each person at your church and write life-affirming messages inside.

Pray for your church, school, and community.

Invite friends to Chats 4 Life and What About Mondays.

Create a location at your school or church where others can learn about life issues and how to be a Gospel-motivated voice for life.

Get involved with outreach boards at your church.

Have seasonal block parties to celebrate what's happening in your community.

Host a service project that would benefit members of the community.

"For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another. For the whole law is fulfilled in one word: 'You shall love your neighbor as yourself.'" - Galatians 5:13-14