

# Just as...I Am from fertilization to forever



## Life Issues

### Identity

"Who am I?" and "What is my purpose?" are questions people ask during an identity crisis. In addition to adolescence, an identity crisis is likely to occur during times of significant change and stress including:

- Death of a loved one.
- Getting married.
- Moving to a new place.
- Divorce or breakup.
- Having a baby.
- Retirement.
- Starting or ending a job.
- Experiencing a traumatic event.

### Pregnancy

Several factors can interfere with a woman's identity development as a mother, result in poor attachment to her child, and contribute to postpartum depression, such as:

- Lack of available role models or prenatal education.
- Negative image of one's maternal figure.
- Poor attachment to baby during pregnancy.

# His Word



**"All things were created through him and for him."** (Colossians 1:16b)

## Our Christian Response

### Christian Identity

- I am valuable because of who I am and whose I am, not because of what I do. (Titus 3:5-7)
- I praise God, for I am fearfully and wonderfully made. (Psalm 139:14)
- I am a child of God and want to be like Christ. (1 John 3:2)

### Church Family

- Create a program for experienced moms in the congregation to mentor a first-time mom.
- Provide information about prenatal development to new moms.
- Offer parenting classes to new parents.

