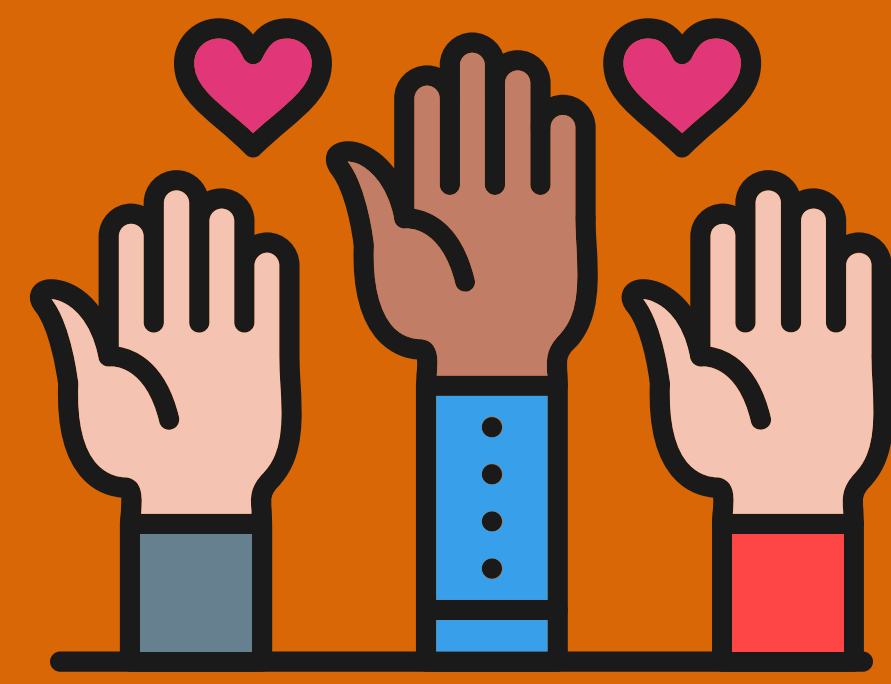


Just as... I Am

Life Week
2024



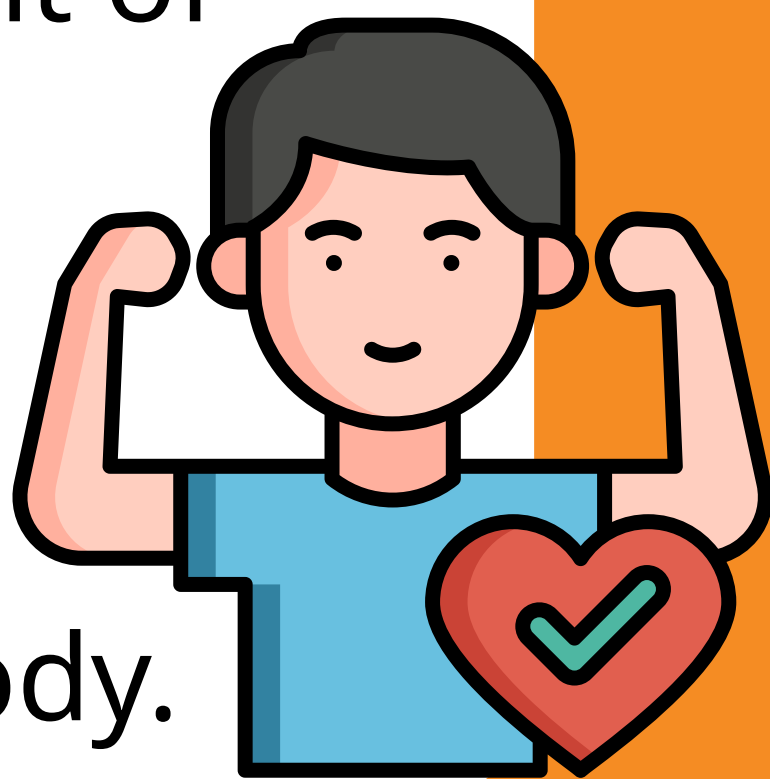
for blessing and service



Goodness of my body

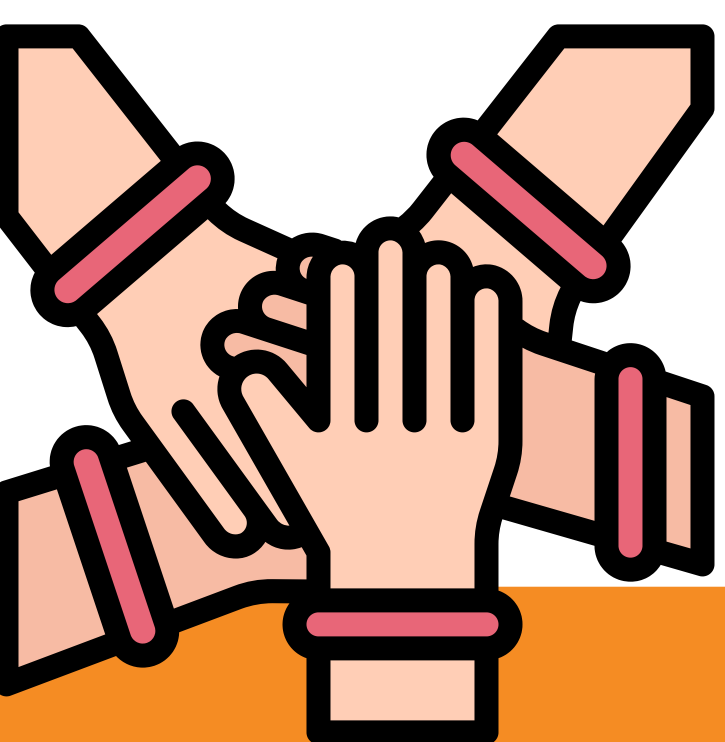
Ways to think about my body:

- My body was created by God.
- My body was made in the image of God.
- God provides all that is needed to care for my body.
- The Holy Spirit lives in my body.
- My body is an instrument of God's righteousness.
- My body is holy.
- God will resurrect my body.



Christian living and serving

- Provides a sense of purpose.
 - Leads to a positive outlook on life.
 - Encourages others to serve.
- Creates connection to others.
 - Strengthens friendships.
 - Improves mood.



LIFE ISSUES

Goodness of relationships

Health benefits of relationships:

- live longer
- buffers against stress
- strengthens immunity
- improves wellbeing



Engaging the elderly

Tips to consider:

- clear communication
- respectful language
- actively listen
- value input
- challenge stereotypes about the elderly
- identify and address barriers



HIS WORD

"Whatever you do, work heartily, as for the Lord and not for men knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ."

Colossians 3:23-24

OUR CHRISTIAN RESPONSE

Do everything
in the name of
the Lord Jesus.

Love one
another.

Use our
gifts to
serve one
another.

Glorify God
in your body.



Do not
withhold
good.

Do good to
everyone.

Seek to
show
hospitality.

