

Hold a Grandparents' Day at school. Invite them to attend chapel, sit in on class, and eat lunch with youth.

# Day 6: The Aging are Indispensable.

Take a day trip or other outing with an elderly individual; eat a meal with him or her.

Greet elderly visitors to your church. Thank them for attending special events and speak to them at a reception afterwards.

Sponsor a card game night at church; celebrate with snacks and fellowship halfway through.

## Celebration

#LifeWeek2021

Record a life interview. Ask an elderly person to share his favorite memories and then transcribe those into a short book of stories.

Honor and uphold families by creating family trees with grandparents.

Compile cookbooks of favorite recipes. Include positive life messages or Bible verses at the bottom of each page.

Create a pen-pal partnership with someone in a nursing home or someone who is homebound. Send gifts on special holidays and plan to meet up to celebrate your new friendship.

# DAY 6

## The Aging are Indispensable!

Ask an elderly person in your life for advice on how to make a marriage last, be a successful worker, or find joy in life.

Invite guest speakers to discuss historical events and ask how their faith helped them get through those difficult times.

***Invite grandparents to attend and participate in confirmation class; give them the opportunity to help pass on the faith.***

Engage people of all ages in an empathy activity for the elderly or disabled. Use ear plugs, place Vaseline on glasses, wear stiff plastic gloves on hands, or use a wheel chair to begin understanding how aging affects the body.

***Ask an older member for a presentation on the history of the church and/or school. What does he/she remember about how things used to be?***



*Ask an elderly person to describe what life was like years ago, what some of his/her favorite experiences were, subjects in school, activities outside of school. Then ask a youth to share the same details!*

HOLD A TECHNOLOGY NIGHT. HAVE STUDENTS TEACH OLDER PEOPLE HOW TO TROUBLESHOOT SMART PHONES, COMPUTERS, AND OTHER ELECTRONIC DEVICES.

Invite a speaker to discuss Godly approaches to end of life. Include topics like physician-assisted suicide, hospice care, wills, directives, and funeral planning.

Invite grandparents or an elderly neighbor/church member to teach youth a new skill. Consider woodworking, cooking, sewing, or some other craft.

# Day 6: The Aging are Indispensable!

Visit a child in a hospital or cancer ward. If visiting isn't allowed, donate puzzles, crayons, coloring books, playdoh, stuffed animals, blankets, hats, costumes, and books.

Volunteer to read magazine articles, short books, or chapters in a novel to someone who is elderly.

Volunteer to shovel driveways and sidewalks for those who are aging.

Raise money to supplement the cost of an infant's funeral.

Regularly visit, call, or write to someone who is elderly.

Sponsor a workday at an elderly person's house.

Raise money for children who are terminally ill through a dance marathon, a walkathon, or other event in your community.

Visit the hospital when families are preparing for loss or grieving. Hold their hands, listen, be present.

**Service**  
#LifeWeek2021

Volunteer at nursing home.

Serve at a funeral meal.

Offer to babysit while parents visit child in NICU.

Offer to help care for someone at the end of his or her life by washing his/her hair, shaving him, reading, playing piano, or singing to the individual.

Collect wedding dresses or purchase them at thrift stores to help make burial clothes for an infant.

Raise money for gas cards and gift cards for food. Give them to families who have young children in the hospital.



## **CELEBRATE THE SAINTS//**

At church, celebrate the Saints who have passed that year; plan ahead and invite family members of all of the people who have passed to this special service.



## **BEING PRESENT//**

Attend funerals and callings; donate food and volunteer to cook at funeral meals. Sing funeral hymns, express your condolences, and pray for the family.



## **MOVING LOCATIONS//**

Choose to sit by a widow or widower at worship.

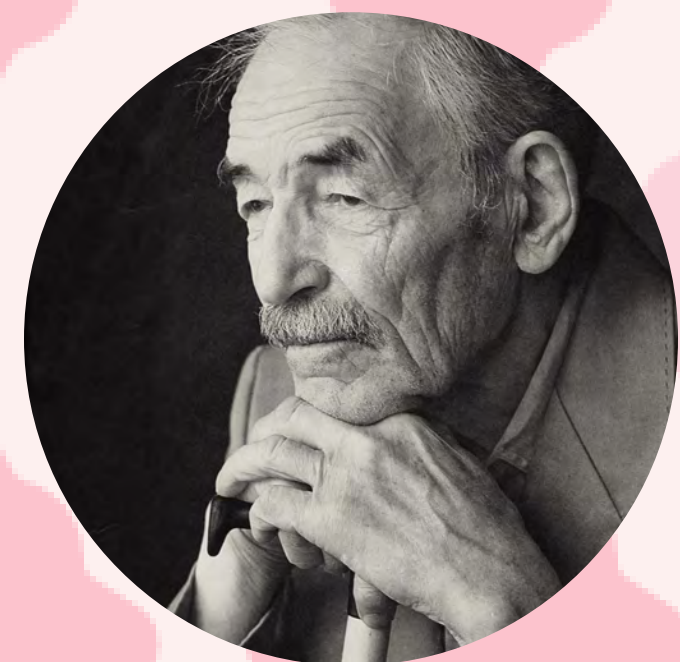
# DAY 6: THE AGING ARE INDISPENSABLE.

**WORSHIP**  
#LifeWeek2021



## **OFFERINGS AND GIFTS//**

Set aside offerings for a children's hospital or a family who has experienced the death of a child. Or help purchase a wheel chair or other aid for an elderly person.



## **CHAPEL GUESTS//**

Ask retired couples, widows, and widowers to attend chapel with students.



## **FAITH MENTORS//**

Create faith mentors between grandparents or elderly volunteers and youth. Participate in a Bible study together.